

## **FOR IMMEDIATE RELEASE**

Tuesday, May 11, 2010

### **Senior Circle Hosts First Birthday Party for Members at Women & Children's Hospital**

**(Lake Charles, LA)** – The Senior Circle Chapter of Women & Children's Hospital (WCH) held its first monthly member birthday celebration on Monday, April 26<sup>th</sup>. Cake, punch and sparkling apple cider were enjoyed by all the attendees.

In addition to a monthly birthday celebration, Senior Circle members also enjoy a monthly afternoon movie, a book club, computer classes, craft days and a free exercise class each Friday at 2:00 pm, provided by Anytime Fitness instructors.

Adult men and women, age 50 and better are eligible to join Senior Circle and are highly encouraged to call the hospital for more information about the benefits of the program. Members enjoy local and national discounts, travel opportunities, weekly events and a quarterly magazine. Members also receive several in-hospital benefits including free private room upgrade when available, cafeteria discount, gift shop discount, complimentary caregiver meals and more. Additional perks include a prescription drug discount card, vision care and hearing aid discounts, among others.

"Senior Circle is a great program for anyone who enjoys being active and having fun," said Nicole Cheramie, WCH Senior Circle Chapter Advisor. "I've already seen our new members begin to develop friendships with one another and all of the members love the local discounts. Just by showing their Senior Circle card, members receive discounts from Curves, Smoothie King, The UPS Store and Piccadilly Restaurants, to name a few. We have over 20 local vendors who have partnered with us," added Cheramie.

Individual Senior Circle memberships cost \$15 each year and an annual couples' membership costs \$27. Anyone interested in joining the chapter can call the Senior Circle Office at 475-4002 or visit the hospital's website at [www.women-childrens.com](http://www.women-childrens.com) for more information.

###

**About Women & Children's Hospital:** Women & Children's Hospital (WCH) is a full-service acute care hospital located at 4200 Nelson Road, Lake Charles, LA 70605. WCH is the area's preferred leader for Women's Services and offers numerous services including inpatient and outpatient medical and surgical care for men, women and children. WCH is a recognized Bariatric Surgery Center of Excellence and is equipped with a 24-hour, physician-staffed Emergency Department and a Level 3 Neonatal ICU. For more information about WCH, visit [www.women-childrens.com](http://www.women-childrens.com).